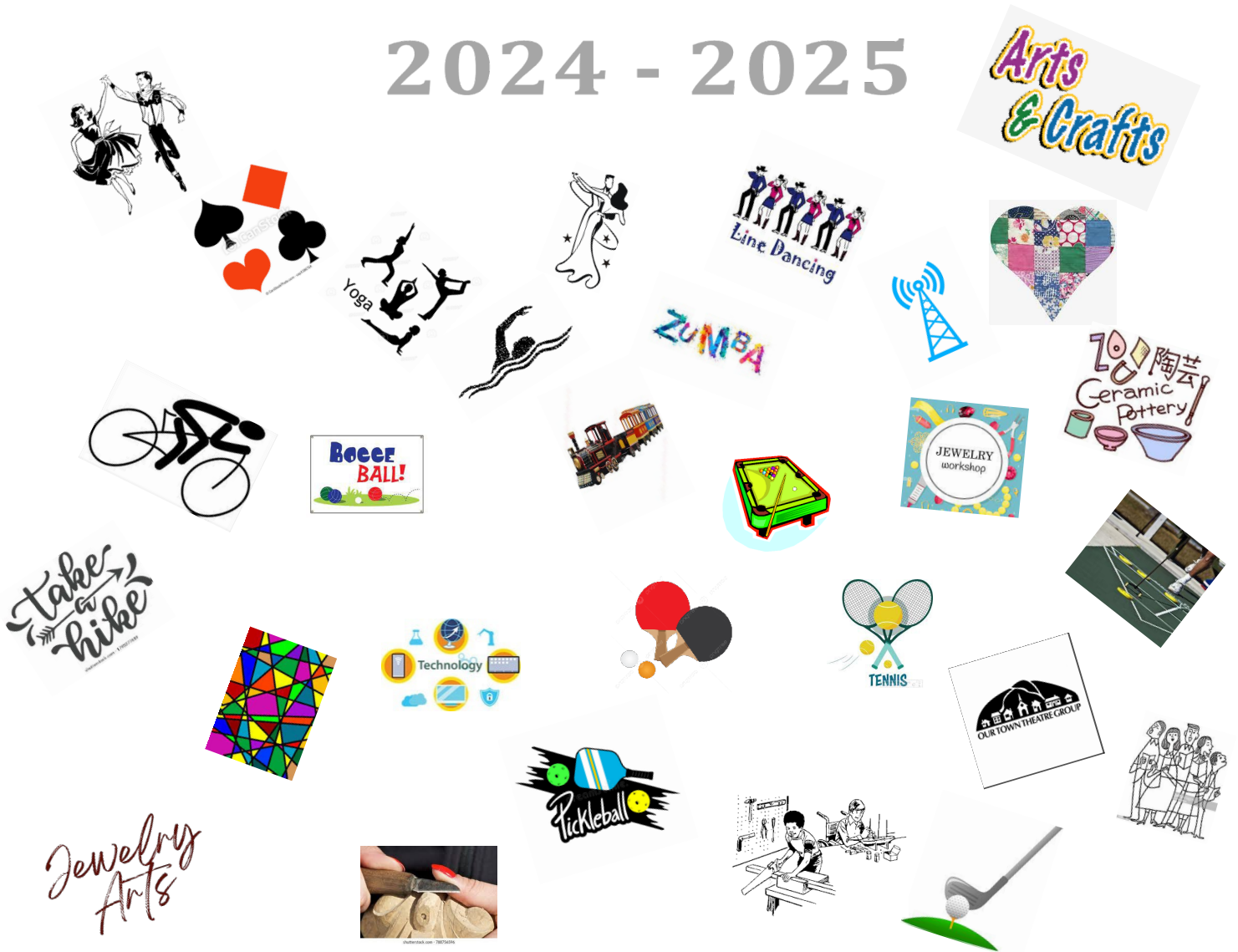




RINCON COUNTRY WEST RV RESORT

Clubs and Activities

2024 - 2025



Information

The Clubs and Activities Guide is a living document. Room locations, dates, and times are subject to change. Never miss the fun download campersapp on your phone. The App is great when you are on the move. It will give you everything you need in one place so you don't miss out.



Scan this QR Code **campers**△**APP**®

The printed version of this document is available in the Activities Office. The Digital version is available on campersApp.

All park-wide club events will be advertised in the monthly 'Villager' Newsletter. Club leaders send information to activities@rinconcountry.com. Submission deadlines are the 1st day of each month prior to issue date.

If you have an idea for a club or activity that you would like to bring to RCW, stop into the Activities Office we'd love to hear from you.

THANK YOU

To all club & activity leaders and volunteers for making RCW such a fun and vibrant community!

INDEX

This index, sorted by Category, may help you find your interests.
More detailed information on campersApp

Arts and Crafts

Art / Drawing
Artful Coloring
Arts, Crafts & Sewing (ACS) Club
Brazilian Embroidery
Cactus Quilters
Children's Quilts for Deaf & Blind
Clay Arts
Comfort Quilts
Diamond Divas & Dudes
Fiber Arts/Quilting Arts
Hardanger
Jewelry Arts Club

Knitting Circle
Machine Embroidery
Nana's Needles
Needlework Group
Pine Needle Basket Weaving
Paper Crafters
Patriotic Project
Stained Glass
Swedish Weaving
Watercolor Club

Cards and Games

Bananagram
Billiards
BINGO
Board Games
Bridge Lessons
Card Game 65 (Progressive Rummy)
Card Group
Cardo
Cribbage
Duplicate Bridge
Euchre
Fun Bridge
Hand and Foot

Hand Knee and Foot
Hi/Lo Poker
Mah Jongg
Mexican Train Dominoes
Phase 10
Pinochle, Double Deck
Pinochle, Single Deck
Play Poker
Texas 42
TIC

Dance

Ballroom Dance Lessons
Line Dancing

Line Dancing - Absolute Beginner Lessons
Square Dance

Exercise

Aerobics
Chair Yoga
Lap Swimming
Stretch & Flex
Water Aerobics

Water Volleyball
Yin Yoga
Yoga
Zumba Gold / Aqua Zumba

Performing Arts

Acoustic Jam Session
Chime In Musical Handchime Players
Desert Tones
Rincon Mountain Dulcimer Players

Theater Group
Ukelele Strummers
Villageaires Mixed Chorus

Special Interests and Activities

Al-Anon
Amateur Radio Club
Avid Rincon Readers
Basic Sign Language
Beer Tasting
Bible Study Women's
Birding
Chair Wranglers
Conversational Spanish
Decorators
Desert Explorers (Hiking)
Field of Dreams Pollinator Garden
Friends of Bill W
Garden Railroad Club
Genealogy Club
Habitat for Humanity

Library
Newcomers
Photography Club
Pima County Trail Stewards
Plant Based Eating Group
Pollinator Garden
Recipe Club
Red Hats
Rincon Technology Club
Sun Birds
Ted Talk
Video Club
Wine Tasting
Woodcarvers Club
Woodshop

Sports

Bicycling
Bicycling - Easy Rider
Bicycling - Ebikes
Bocce
Bowling

Golf Club
Pickleball
Ping Pong
Shuffleboard
Tennis

The following clubs and activities are listed alphabetically.

Acoustic Jam Session

Performing Arts

Oct 4, 2024 - Apr 30, 2025

When: Noon to 3:00 pm Tuesday – Javelina Courtyard Stage *Weather Dependent
3:00 pm - 5:00 pm, Tuesday – Rec Hall
2:00 pm – 5:00 pm, Friday – Classroom 2

Contact: John Letton, Lot 387,607-759-6708, johngletton@gmail.com or
Bill Barnett, 860-508-8019, willietb123@gmail.com

Acoustic Jammers meet at 3:00pm every Tuesday. All Skill levels welcome. We take turns choosing songs and singing.

Aerobics

Exercise

Low Impact Aerobics -

Oct 28- Apr 3,2025

When: 7:45am-8:45am Mon, Tue, Wed, Thu (No charge for class)

Where: Rec Hall Mon& Wed is faster paced while marching in place along with weight training.

- Tue & Thu designed to increase strength & cardio health while seated in a chair.

Intermediate Aerobics

Jan 6- Apr 3,2025

When: 7:45am-8:45am Tue and Thu (No charge for class)

Where: Auditorium Led by Wanda Amy

Contact: Debbie Peterson 815-245-0354 WJPDKP@comcast.net;

Al-Anon

Special Interests and Activities

When: Wednesday, 3:00-4:00pm

Where: Exercise Studio

Dec 31, 2024 - Mar 25, 2025

Contact: Faith Schoeberl, A130, 612-834-1887, schoeberlfaithm@gmail.com;

A mutual support program for people whose lives have been affected by someone else's drinking.

Amateur Radio Club

Special Interests and Activities

When: 11:00 am - 12:00 pm, Wednesday

Where: Classroom 1

Oct 16, 2025 - Apr 23, 2025

Contact: Jim Utke, 612-819-3757; jputke@gmail.com;

Don Middleton, P747, 778-323-1; va7iQ@Geeksonradio.com

We'll be happy to help you get your ham radio License. Our Club is growing and we have a full HF VHF/UHF station available for member use.

Art / Drawing

Arts and Crafts

Art/Drawing

Three art classes will be offered this season. \$120 per class. Sign up in the coffee room.

Drawing 1- Techniques in Graphite Portraiture

Jan 31, 2025 - Feb 28, 2025

When: 1:00pm - 4:00pm, Fridays

Where: Classroom 2

Go from a line drawing to creating a realistic portrait, learning an advanced shading technique. No experience necessary.

Contact: Mary-Anne Murphy 519-777-1374 mamurphyart@hotmail.com

Drawing 2 - Beyond the Basics

Jan 16, 2025 - Feb 13, 2025

9:00am - 12:00pm, Thursdays

Classroom 2

Build on the skills learned in Drawing 1...using your own reference photo or you may choose one provided.

Prerequisite Drawing 1.

Contact: Mary-Anne Murphy 519-777-1374 mamurphyart@hotmail.com

Fundamentals of Art

Jan 28, 2025 - Feb 25, 2025

9:00am - 12:00pm Tuesday

Classroom 2

The 5 week course will cover the major concepts of Composition - Values, Color, Light & Shadow, Form & Structure. Susi will also cover many of the tools and mediums used to create two dimensional art.

No experience is necessary.

Contact: Susi Havens-Bezaire 614-348-7958 shbezaire@gmail.com

Artful Coloring

Arts and Crafts

When: 3:00 pm - 4:30 pm, Wednesday

Where: Card Room 2

Dec 4, 2024 - Apr 2, 2025

Contacts: Cathy Hershberger, #1085, 402-304-7579, clhersh622@gmail.com

Connie McElvain, #625, 402-499-1035. Clmc622@aol.com

Enjoy this time of fellowship, coloring with your own choice of pencils, pens, etc. Please bring your own coloring book and "tools" to color. We also have paints and rocks, with brushes and decorating tools to design your own creations. Extra rocks always appreciated!

Arts, Crafts & Sewing (ACS) Club

Arts and Crafts

When: 3:00 pm - 5:00 pm, 4th Wednesday of the Month Meeting

Where: Classroom 2

Oct 25, 2024 - Mar 27, 2025

No Dues or Fees

Contact: Kathy Hutson, 44, 765-808-1693, kihutson@yahoo.com

We are the umbrella group for the many arts (drawing and painting), crafts (variety of hand crafters), and sewing (sewists, quilters) groups. We raise money to maintain existing equipment and to purchase new equipment and some supplies for our groups meeting in either the Sewing & Quilting or Arts & Crafts room. Any RCW resident may use the sewing machines and other equipment if the room isn't occupied by a group. Calendars and contact persons are posted in the rooms. All equipment must remain in the room.

Avid Rincon Readers

Special Interests and Activities

When: 6:30 pm - 8:30 pm, 1st and 3rd Sundays of the month

Where: Classroom 1

Nov 3, 2024 - Mar 16, 2025

Contact: Joanne Bremer, 701-238-0730

We meet on the 1st and 3rd Sunday of each month. We read and discuss one book a month and make recommendations for future books. New people are welcome!

Ballroom Dance Lessons

Dance

When: 10:00 am -11:45 pm, Wednesday
12:00 pm – 12:30 pm Advanced Lessons

Year Round

Where: Nov 1 – April 30 Season Auditorium / May 6 – Oct 8 Exercise Room

Free

Contact: Linda Pinney, G506, 317-881-8464, lindashaw1275@aol.com

Learn or improve dances: swing, waltz, cha-cha, rumba, foxtrot, nightclub 2 step. Singles welcome

Instructor: Ray Burns.

Bananagram

Cards and Games

When: 5:00 pm – 7:00 pm, Wednesday

Where: Cardroom 2

Jan 17, 2025 – Apr 19, 2025

Contact: Carol Baker, 336-469-2183

Come join us for a fun Bananagram word game experience. A word game that's played in a crossword fashion, similar to scrabble, but less intense!

Basic Sign Language

Special Interests and Activities

When: 4:00 pm - 5:30 pm, Monday, Thursday

Where: Classroom 2

Jan 11, 2025 - Mar 28, 2025

Contact: Chuck Chapman, 520-730-2686

Frustrated with Communication? Hard to Understand Speech? Hard to be understood?

Learn alphabet, numbers, colors, daily living words, emergency/medical words using deaf (ASL) signs.

Please call to sign up. Masks are required.

Beer Tasting @ Rincon

Special Interests and Activities

When: 4:00 pm – 6:00 pm Third Sunday of the Month

Where: Rec Hall

Starting Jan 19, 2025

Contact: Becky, 505-553-5896 or Patti, 262-385-8968

See CampersApp for Schedule

Bible Study – Women’s

Special Interests and Activities

When: 1:00 pm – 3:00 pm Wednesday

Where: Cardroom 2

Jan. 15, 2025 - March 26, 2025

Contact: Nancy Barron, 605-641-4910 Nancy.a.barron@mail.com

Bicycling

Sports

When: Monday

Where: Outside Back Gate

Contact: Al & Joyce Wickman, 402-730-9272, al.wickman@gmail.com

Monday mornings. Meet outside the back gate (usually) on any kind of bike or trike. Helmet required. Rides & times are announced on the Facebook page RCWBike.

Bicycling - Easy Rider

Sports

When: 10:00 am - , Tuesday

Where: Outside Back Gate

Nov 1, 2024 - Apr 11, 2025

Contact: Betty Meyerink, 269-930-5051, bbmeyerink@gmail.com

Want an easy one hour ride of less than 10 miles at less than 10 mph?

We will ride on the trails along the Santa Cruz. The group will determine the distance and speed. No one will be left behind.

Helmet required.

Check Facebook and RCW Easy Riders.

Bicycling - Ebikes

Sports

When: 10:00 am, Tuesday

Where: Outside Back Gate

Contact: Kirk Brownell, kirk@ez-pz.net, 360-770-4363

Tuesday mornings. Meet outside the back gate (usually) on your e-cycle. Helmet required. Rides & times are listed on Facebook page RCWBike.

Billiards

Cards and Games

When: See times posted on the door

Where: Billiards Room

Contact: Bob McKenna, 503-267-9812, RStmo@msn.com, Dan McIntyre, 608-792-3554
Jim Martinetto, 218-259-3212, Joe McCarthy, 226-606-5878

Billiards Room is open daily 7:00am - 10:00pm. 4 nine foot tables & 1 ten foot snooker table. House cues, sticks are available.

Weekly Tournament: Wednesdays afternoon @1:00pm Monday evenings @ 6:00pm \$2.00 entry fee.

Dues for regular participants is \$20 per season.

There are also monthly competition meetups with other communities that offer billiards.

Instruction available for novice and intermediate level.

BINGO

Cards and Games

When: Weekly @ 7:00 PM Tuesdays in the Auditorium (see campesrApp for cancel dates)
Doors open 6:00 PM, Ticket sales begin 6:15 PM and end at 6:50 PM
Concessions open at 6:30pm, Game starts at 7:00 PM

Birding

Special Interests and Activities

Jan. 10,24; Feb. 7,21; Mar. 7,28

When: Field Trips 8:15am Friday's

Where: Classroom 2

Contact: Diann Stone 208-890-5261 dstoneak2id@gmail.com

Join us for birding in Tucson and surrounding areas. We welcome beginning to advanced birders. More eyes and ears can help us find and identify birds. Wear comfortable walking shoes because we are on our feet and walking a lot. Most locations don't have much seating available. Bring binoculars, water, snacks, money for ride sharing, and occasionally entrance fees and donations. Destinations may be changed at any time due to birding reports or weather considerations.

Bocce

Sports

When: Monday, Tuesday, Wednesday, Friday

Where: Bocce Courts

Jan 6, 2024 - Apr 12, 2025

Contact: Ron Nasman, 719-314-7146
Sibyl Grenier, 303-589-3679

Meets Monday, Wednesday, Friday, 10:30 am; Tuesday, 1:00 pm;

Bocce isn't just for cigar smoking old men. Join us at the Bocce court on "B" Street for no impact group play.

Courts are open to all. Equipment is on-site.

Bowling

Sports

When: 1:00 pm - , Wednesday

Where:

Contact: Linda Millard, 520-359-0054

Meet at Cactus Bowl (16th and Ajo)

Brazilian & Hardanger Embroidery

When: 9:00 am - 11:00 am, Monday

Where: Arts & Crafts

Contact: Karen Kelley, 402-895-4049

Arts and Crafts
Jan 6, 2025 - Mar 31, 2025

No Dues or Fees

Brazilian embroidery is beautiful dimensional stitches using colorful rayon threads. If you are already familiar with this lovely craft, come join our camaraderie. If you are interested in learning this dimensional craft, we have small beginner projects for you to try.

Hardanger needlework is a traditional form of embroidery that originates from Norway. Join us to learn more about hardanger or come and stitch with us. We have everything you need to start a small beginner project.

Bridge Lessons

When: 1:00 pm - 5:00 pm, Thursday

Where: Card Room

Contact: Craig Beyer, call 712-229-1153, beyercrg@gmail.com

Beginning Bridge Lessons

Cards and Games

Jan 9, 2025 - March 20, 2025

Cactus Quilters

When: 9:00 am - 11:30 am, Monday

Where: Rec Hall

Contact: Teri Holland, U873, 256-345-2004

Donna Hill, K635, 816-914-4135

Open to all residents interested in quilting or sewing.

Arts and Crafts

Nov 4, 2024 - Mar 26, 2025

\$10/annual dues

Card Game 65 (progressive Rummy)

When: 6:00 pm - 9:00 pm, Monday

Where: Card Room 2

Contact: Janet Klein, R1018, 520-488-5535, janetbohr@msn.com

John & Ev Fisher, 406-598-4600

Easy Rummy type game (Progressive Rummy). We play with nickels & dimes. Winner of each hand gets 1 nickel from each player, plus additional ways to win. **Easy, Fun, come join us.**

Cards and Games

Oct 21, 2024 - Apr 25, 2025

\$1.25 per game

Card Group

When:

Where:

Contact: Asher Haun, 970-567-0029

We are an organized group that supports all open card games. If you are a new card club, please contact this group for representation and support. We sponsor a "Black Jack Night" with "Rincon Rules" that favor the player. Time & place TBA.

Cards and Games

Oct 15, 2024 - Apr 15, 2025

Cardo

When: 6:30 pm - 8:30 pm, Wednesday

Where: Rec Hall

Contact: Wally Schultz, 920-840-8017, wtschultz@gmail.com

Sue Schultz, 920-470-8602,

If you like BINGO, you'll love CARDO. Cardo is like playing BINGO using cards. Give it a try...it's a blast!

Cards and Games

Nov 13, 2024 - Apr 16, 2025

Chair Wranglers

When: Varies

Where: Auditorium

Contact: Ron McNeill, 970-302-2767

Help Out & Work out

Chair Wranglers combine exercise and community service to support health, provide help, and strengthen the bonds of our community; and a place to plant our tushes during an event. We are a fun group or residents that love giving back.

Special Interests and Activities

October - April

Chair Yoga

Exercise

When: 8:30am – 9:30am , Tuesday

\$5.00

Where: Rally Room

November- April

Contact: Marta Kolasa, 773-339-6463 martakolasa@sbcglobal.net

A gentle form of yoga that is done while seated or using a chair for balance. Please wear comfortable clothes. Taught by Marta Kolasa a certified Yoga Teacher.

Children's Quilts for Deaf & Blind

Arts and Crafts

When: 1:00 pm - 3:30 pm, 1st, 3rd and 5th Monday of the month

Where: Sewing & Crafts Room

Nov 6, 2024 - Apr 1, 2025

Contact: Connie Courtney, H569, 520-889-5009, connie.courtney1@gmail.com

Carol Skamiera, J609, 248-885-5408, carolskam@gmail.com

We will be making two different types of quilts supporting the children of the Arizona State School for the Deaf and the Blind located here in Tucson. Join our work bee! We welcome any donation of fabric to support these projects.

Chime In Musical Handchimes

Performing Arts

When: 9:45 am – 11:45 pm, Friday

Where: Classroom 2

Oct, 24, 2024 - Apr 18, 2025

Contact: Peggy Headings, 519, 972-333-4599, pwilkins@sbcglobal.net

Debbie Manthey 231-773-0910 mantheyjd@gmail.com

Join us to make beautiful music together, or to enjoy our open rehearsals. New members are welcome; some previous music reading experience is necessary. We would love to have you join in the fun! During fair weather, 'open-air' in the courtyard, otherwise in Classroom 2.

Clay Arts

Arts and Crafts

When: 9:00 am - 12:00 Pm, Tuesday, Wednesday, Thursday

Where: Pottery & Ceramics Room

Contact: Loree McKenna, 503-317-1026, mcheezwhiz@msn.com

Whether you are a seasoned ceramics or pottery person, or have never done anything like this before, join in and have fun. We are willing to show you how to work with the various mediums and make some beautiful pieces.

Ceramics on Tuesday & Wednesday; Pottery on Thursday.

Comfort Quilts

Arts and Crafts

When: 9:00 am - 3:00 pm, Thursday

Where: Sewing & Crafts Room

Nov 7, 2024 - Mar 27, 2025

Contact: Charlotte Baker, G528, 402-490-7929, cmbbebtax@gmail.com

Mary Cullen, G507, 952-484-0061, nonnacullen@gmail.com

Comfort Quilts assembles and finishes quilts that are then donated to Ronald McDonald House, Fisher House and RCW residents facing health challenges. You do not have to be an expert quilter or sewer to participate. Stop in and see the quilts being made, help for an hour or all day. Donations of new cotton fabric are welcome.

Conversational Spanish

Special Interests and Activities

When: 9:45 am – 12:00pm, Monday

Where: Classroom 1

Nov 4, 2024 - Mar 31, 2025

Contact: Barbara Shipley, bjshiple@gmail.com 912-572-2583

9:45am-10:45am – Spanish Instructions for Beginners.

10:45am-12:00pm - Practice Spanish in a small group setting for ADVANCED / BEGINNERS / INTERMEDIATE Level speakers.

Cribbage

Cards and Games

When: 1:00 pm – 3:30 pm , Monday, Rally Room
6:30 pm – 8:30 pm , Thursday, Classroom 1

Dec 16, 2024 – Mar 31, 2025
Nov 7, 2024 - Mar 27, 2025

Contact: Jim Martinetto, 218-259-3212, Lot 891, jimmartinetto@yahoo.com or
Al Knutson, 406-210-8546, Lot 624, aknutson1007@gmail.com

\$2.00 entry fee given back as cash prizes.

Decorators

Special Interests and Activities

Contact: Pam Anderson, 218-348-4777, pamanderson@ymail.com

Decoration involves creating an atmosphere for seasons, holidays, annual themes, and Activity Office-scheduled dances and events. You don't need an ounce of creativity to be a "worker bee" to help set up, take down, or contribute ideas. Decorating schedule is based on Auditorium availability. Volunteers will be notified when times are scheduled.

If you are interested in helping this group please fill out a volunteer form in the Activity Office.

Desert Explorers (Hiking)

Special Interests and Activities

When: 7:45 am – 8:15 am Monday, Wednesday

Where: Classroom 1

November - March

Contact: Doug Breithaupt, 385, 781-710-6925, doug_nahant@yahoo.com
Stan Berndt, 957, 509-961-5938, spberndt@msn.com

Check Postings:

Facebook: - "[Desert Explorers of Rincon West](#)" or in Classroom 1 on Bulletin Board

Our hikes are usually 3-6 miles and take 2-3 hours plus travel time. Bring plenty of water, snacks, cameras, binoculars, and anything else you want to carry.

We do some extra long hikes on other days each month. Check our postings for details.

We are always in need of hike leaders! If interested contact us.

Desert Tones

Performing Arts

When: 3:00 pm - 5:00 pm, Wednesday

Where: Rec Hall

Nov 6, 2024 - Mar 19, 2025

Contact: Diane Larrabee 916-205-4850 delbikeskp@gmail.com;
Sassa Letton 607-761-8505 sassaletton@gmail.com

Women's acapella singing group that performs from memory at December and March concerts. New members are welcome - ability to learn parts is key. Plenty of help and support is provided. Weekly rehearsals.

Diamond Divas & Dudes

Arts and Crafts

When: 6:00 pm - 8:00 pm, Thursdays Every two Weeks

Where: Arts and Crafts Room

Dec 5, 2024 – Apr 6, 2025

Contact: Sally Jacunski, 520-203-3948

Join our vibrant Diamond Painting Group, where creativity and community shine! Whether you're a beginner or an experienced artist, we come together to share tips, techniques, inspiration and just plan fun. Enjoy engaging discussions, showcase your creations, and meet new friends. Let your imagination sparkle as you bond with fellow enthusiasts who share your passion for this beautiful craft.

Duplicate Bridge

Cards and Games

When: 6:00 pm - 9:30 pm, Tuesday

Where: Rec Hall

Dec 3, 2024 - Apr 29, 2025

Contact: David Pogrant, A124, 715-256-4096, dpogrant@gmail.com

Bring your partner and join us for duplicate bridge. If you don't have a partner, please contact Dave Pogrant, site A124 or email him at dpogrant@gmail.com for help.

Euchre

Cards and Games

When: 6:45 pm - 9:00 pm, Monday

Where: Rec Hall

Nov 6, 2024 - Apr 22, 2025

Contact: Jerry Young, 479-903-1366
Sally Lyddon, 585-233-8871

Come as a couple or come alone. Meet new people and enjoy an evening of fun. Come learn how to play!

Fiber Arts/Quilting Arts

Arts and Crafts

When: 1:00 pm - 3:00 pm, 2nd & 4th Mondays of the month

Where: Sewing and Crafts Room

Dec 11, 2024 - Apr 15, 2025

Contact: Marilyn Heimke, 247, 715-889-3834

Self-paced creative quilts/wall art using a variety of materials. Collaborative effort for personal inspiration

Field of Dreams – Pollinator Garden

Special Interests and Activities

Contact: Kathy Hutson, 765-808-1693;

Friends of Bill W

Special Interests and Activities

When: 4:30pm – 5:30pm, Tuesday

Where: Card Room 2

Contact: Francine Martineau 520-358-9382

Fun Bridge

Cards and Games

When: 12:30 pm - 3:45 pm, Monday, Friday

Where: Classroom 1

Oct 18, 2024 - Apr 14, 2025

\$.50/day

Contact: Auguie Henry III, A270, 575-636-3635, redrhino1947@gmail.com

Players of all levels welcome! You do not need a partner. Fifty-cent entry fee.

Garden Railroad Club

Special Interests and Activities

When: 3:00 pm - 4:45 pm, 1st & 3rd Wednesday of the Month

Where: Classroom 2

Nov 1, 2024 - Apr 3, 2025

Contact: Jerry Alsum, T943, 720-261-7620, jerryalsum@mac.com

Club members conduct almost daily train runs and have numerous special train events. If you are interested in joining our club, membership is open to residents. We will be happy to assist new members in running their trains.

Genealogy Club

Special Interests and Activities

When: 7:00 pm - 8:00 pm, Monday

Where: Classroom 2

Nov 11, 2024 - Mar 31, 2025

Contact: Ron Sturdevant, 503-804-8139

The Genealogy Club is for persons interested in learning about their ancestral roots. We have members from all levels of experience to help those just starting out on their personal mission to discover their past. Expert members also provide assistance on specific software like Ancestry or Find-a-grave or Familysearch. We have opportunities to attend workshops in the Tucson area to further our learning.

Golf Club

Sports

When: 5:30 pm - 6:00 pm, Wednesday

Where: Rec Hall

Nov 6, 2024 - Apr 9, 2025

Contact: Tim Myers, 248-880-3576

RCW Men's Golf Club plays on Thursdays. Check the Coffee Room for a sign up sheet. We play on 12 different courses around Tucson. Every Wednesday at 5:30pm there is a brief meeting in the Rec Hall to announce foursomes.

Ladies Golf

Sports

Nine & Wine

- Play 9 holes on 1st and 3rd Tuesdays, starting January 7 and January 21.
- After golf, unwind with wine, snacks, and great company at RCW's courtyard.

Eighteen & Green

- Play 18 holes on Thursdays.

Sign-up sheets, including course and tee times, are available in the Coffee Room. Be sure to sign up by Sunday at 5 PM.

For questions, contact:

- Cheryl Henry, akrebel50@gmail.com, 575-636-4690
- Willa DeCastro, decastro96@cox.net, 316-644-7619

We can't wait to see you on the greens!

Habitat for Humanity

Special Interests and Activities

When: Every Thursday from 7:15 a.m. to 3:00 p.m. during January, February, and March.

Where: Meet at the Flagpole by the RCW Office at 7:15 a.m. and carpool to **Framing** and **Finishing** sites

Contact: Dave Bezaire, 614-348-7957; DLBezaire@gmail.com

CONSTRUCTION: Separate opportunities for **Framing** (walls, trusses, roofing, etc) and **Finishing** (rehab, painting, repair, cleaning, etc.) to help our Tucson community create affordable house options. Both women and men of all skill levels are welcome. Tools and training are provided. Bring a refillable water bottle, a snack, and a lunch to eat on site.

Cookie Angels: Bake a batch of 2-3 dozen cookies for the construction volunteers.

Banquet: Join us for a Potluck in the Rally Room on February 23 at 5:00 p.m.

HabiStore: Volunteer opportunities are available daily. Contact Gina Hansen, Habitat Volunteer Coordinator, at 520-497-2384 for information and to sign up.

HabiStore Donations: Call the HFH Hotline at 520-230-5323 to donate immediately re-sellable household items that are not in need of repair such as furniture, appliances, windows, doors, cabinets, plumbing & electrical fixtures, etc.

Hand and Foot

Cards and Games

When: 12:15 pm - 3:30 pm, Thursday

Where: Classroom 1

Nov 14, 2024 - May 1, 2025

Contact: Chuck Dorsey, 719-293-5338, cdorsey1188@gmail.com

A game like Canasta. Easy to learn the time you come

Every Thursday at 12:15 in Classroom 1

No Charge----friendly people ----fun to play.

Hand, Knee, and Foot

Cards and Games

When: 12:00 pm - 5:00 pm, Tuesday

Where: Card Room 1

Oct 15, 2024 - Apr 15, 2025

Contact: Pat Huffman 760-492-4114 westcoast.pn@gmail.com;

Jewelry Arts Club

Arts and Crafts

When: 9:00 am - 12:00 pm, Monday - Friday

1:00 pm - 4:00 pm, Monday - Friday

Where: Jewelry Arts & Lapidary Shop

Contact: Rick Scaletty, 154, 816-510-7319, rscaletty@kcattorney.com

We offer lapidary, silversmithing, precious metal clay, glass fusion, wire wrapping, chain making and more. Members cut, shape and polish gemstones which can then be incorporated into jewelry. Come in and express your creative side with our friendly members.

Open All Year.

Silent Auction and Luncheon: Saturday, February 15, 2025 This event is a fundraiser for all participating clubs in the resort to show and sell club related items. It is a showcase of the creativity of club members throughout the park. You don't want to miss this event.

Knitting Circle

Arts and Crafts

When: 9:00 am - 11:00 am, Tuesday

Where: Arts & Crafts Room

Jan 7, 2025 - Mar 26, 2025

Contact: Kathy Warner, 262-993-4093, kwarner46@gmail.com

Knitters or those who want to learn to knit are welcome. Tips, assistance, patterns are available.

Lap Swimming

Exercise

When: Times & Dates Posted on Pool Gate

Where: Swimming Pool

Contact: Betty Reid, 303-204-2371

If you enjoy swimming laps, this time is reserved for you! Lap swimming is available year-round.

Times and Dates posted on Pool Gate.

Library

Special Interests and Activities

When: 7:00 am - 9:00 pm, Daily

Where: Library

Contact: Sandra Shefman, 971-271-3219

The Library offers books, magazines, jigsaw puzzles, and current newspapers. You are welcome to use the library for reading and relaxation or take materials home to enjoy. We welcome donations and volunteers.

Line Dancing

Dance

When: 12:00 pm - 4:15 pm, Sunday

9:00 am - 12:00 pm, Thursday

Where: Auditorium

Oct 13, 2024 - Apr 20, 2025

Contact: Carol Bandy, 520-999-1090, cbandy10@icloud.com

Learn current line dances to a variety of music. All levels, from easy beginner to advanced. Emphasis on **FUN** and getting exercise.

Line Dancing - Absolute Beginner Lessons

Dance

When: 10:00 am - 11:00 am, Friday

Where: Rec Hall

Dec 15, 2024 - Mar 29, 2025

Joan Pogrانت, Lot 124, 520-807-7074, or 920-402-0137, jpogrant@charter.net

Robert Knight, 206-472-3677

Absolute Beginning Line Dance class is for everyone. There is no need to have a dancing background.

This is a very easy line dance class. There is no charge or reservations needed.

Mah Jongg

Cards and Games

When: 6:00 pm - 9:00 pm, Monday, Classroom 1

1:00 pm - 4:00 pm, Thursday, Classroom 2

Where: Classroom 1, Monday - Classroom 2, Thursday

Contact: Denise Taylor, 217-825-5697, lefeverd@yahoo.com

We welcome all players and we offer lessons to new players.

Mexican Train Dominoes

Cards and Games

When: 6:00 pm - 9:15 pm, Sunday

Where: Card Room 2

Dec 1, 2024 - Apr 30, 2025

Contact: June Manning, 443-812-1417

All are welcome, and we will teach newcomers!

When: 1:00 pm - 4:00 pm, Wednesday

Where: Card Room 1

Contact: Joyce Day, 972-740-0660, Kathy Zecchino, 509-439-3368

Mexican Train Dominoes - Rules on Internet - Sometimes Varies

Nana's Needles

Arts and Crafts

When: 9:30 am - 11:30 am, Friday

Where: Arts & Crafts

Nov 3, 2024 - Mar 29, 2025

Contact: Cathy Hershberger, 1085, 402-304-7579, clhersh622@gmail.com

Joan Van Loozenoord, 1088, 303-908-8746, jkvanlooz@gmail.com

Come to enjoy knitting or crocheting with our casual group. No officers, no dues, just conversation and fellowship while we create items to donate to Casa de los Ninos, an organization caring for foster children. We have needles and yarn for use, and gratefully accept donations of yarn.

Needlework Group

Arts and Crafts

When: 1:00 pm - 3:00 pm, Wednesday

Where: Arts & Crafts Room / Crafts & Sewing

Jan 8, 2025 - Mar 27, 2025

Contact: Kathy Emmons, L654, 703-915-2299, ekemmons@icloud.com

We are a group of people who do knitting, crocheting, hardanger, quilting, beading, Swedish weaving, counted cross-stitching, and/or any hand work which involves some kind of needle. There are no dues or fees and everyone is welcome. Some supplies are free for anyone who wants to try something new.

Newcomers

Special Interests and Activities

When: 9:00 am - 10:30 am, Tuesday

Where: Classroom 1

Nov 7, 2024 - Mar 12, 2025

Contact: Maxine Robinson, 520-889-0886

The Newcomers welcome new-comers to Rincon Country West (RCW). Come in to get acquainted with RCW, the Tucson area, hospital and urgent care facilities, grocery stores, malls, restaurants, and the interesting sights of the area. We'll try to answer any questions you may have.

Paper Crafters

Arts and Crafts

When: 5:00 pm - 9:00 pm, Monday, Wednesday

8:00 am - 12:00 pm, Saturday

Where: Arts & Crafts

Oct 16, 2024 - Apr 15, 2025

Contact: Debby Stoller, 904-347-8495, stoller@att.net

Papercrafting - including: cardmaking, scrap-booking, iris folding, card stitching and anything to do with paper

Contact: Debby Stoller 904-347-8495 stoller@att.net;

Patriotic Project

Arts and Crafts

When: 9:00 am - 3:00 pm, Friday

Where: Sewing & Crafts Room

Nov 1, 2024 - Mar 30, 2025

Contact: Sharon Young, 479-644-8643, youngsharon87@gmail.com

Jan Anders, 520-349-0370,

Group creates quilts for Tucson's Veteran Home. Project is funded by donations!

Phase 10

Cards and Games

When: 1:00 pm - 3:00 pm, Tuesday

Where: Classroom 1

Dec 5, 2024 - Mar 26, 2025

Contact: Lori Sawyer, 883, 509-429-0821, sawyer617@comcast.net

Dahlia Tucker, 269, 360-510-4925

Phase 10 is a rummy-type card game.

Photography Club

Special Interests and Activities

When: 12:00 pm - 4:00 pm, Monday

Where: Classroom 2

Dec 4, 2024 - Apr 1, 2025

Contact: Jeff Matranga, 207-692-4194, rcwphotoclub@gmail.com or jeffmatranga@gmail.com
Bruce Petway, 425-492-4115

Attend in person in Classroom 2. Format will include a combination of Q&A, instruction in basic and advanced composition, photo editing, and friendly critiquing of photos. Visit www.rcwphotography.org for more information. There will be several outings.

Pickleball

Sports

When: See Court Calendars and event notices posted at the north and south courts.

Where: North and South Pickleball Courts

Nominal dues to offset equipment/maintenance

Contact: Scott Burbank, 425-246-6045, 2burbanks@gmail.com

Pickleball is a paddle sport utilizing a whiffle ball and paddle. It combines some of the elements of badminton, tennis, and table tennis. We have a very active club membership and offer open play, lessons, and friendly competitive events. Nominal club dues are collected to help offset the costs of equipment and maintenance. Court play schedules and special event notices are posted at the courts.

Pima County Trail Stewards

Special Interests and Activities

When: Every Wednesday from 8:30am to Noon (Nov - March)

Where: Meet Corner of H and A Streets (H297)

Contact: Johnny McConnell, 801-712-4837, johnnybike@hotmail.com

We are a group of trail volunteers that maintain and build trails west of Rincon West RV Resort called Robles Pass in the Tucson mountains. Pima County supplies us with tools, gloves, and a cool blue Trail Steward shirt. Working on trails is even more rewarding than using them... Come join us!

Pine Needle Basket Weaving

Arts & Crafts

When: 10:30 am - 12:30 pm, Wednesday

Nov 6, 2024 - Apr 9, 2025

Where: Classroom 2

Contact: Marilyn Hillard 763-516-7686 mhilliard50@yahoo.com;

All basket weavers welcome! Instruction will be provided, supplies are the responsibility of each person. Information on vendors available upon request.

Ping Pong

Sports

When: 12:30 pm - 2:30 pm Sunday, Wednesday & Friday

Where: Rec Hall

Dec 1, 2024 - Apr 13, 2025

Contact: Bob VanLeuven, 651-260-6411

Come join a fun group for Ping Pong. It's great exercise and lots of fun. We have all the equipment, so come on in.

Pinochle, Double Deck

Cards and Games

When: 6:00 pm - 9:00 pm, Tuesday

Where: Classroom 1

Jan 7, 2025 - Apr 29, 2025

Contact: Linda Chapman, 520-907-7133, imdrmom@aol.com

Arrive early to help set up and/or play a few practice hands.

Beginners should contact us to arrange time to meet for lesson before playing with group.

Pinochle, Single Deck

Cards and Games

When: 6:00 pm - 9:00 pm, Wednesday

Where: Classroom 1

Oct 30, 2024 - Apr 16, 2025

Contact: Pat Kraemer, 231-499-1172, kraemermom@yahoo.com

Calling all pinochle players! We play 6 hands before switching tables. You do not need to bring a partner. We have published rules if you would like to brush up or if you are new to pinochle. The rules are basically standard except for a few local preferences. Come join us for a fun evening.

Plant Based Eating Group

Special Interests and Activities

Whether you're eating a plant-based diet, working toward that goal or just interested in learning more about it, our social and knowledge-sharing group is focused on this way of eating and welcomes you. We have periodic happy hours and/or potluck gatherings in which we share plant-based foods, knowledge and recommendations for restaurants, markets, learning resources and recipes. Contact Janet Degras at degras@aol.com and join our Facebook group "RCW Plant-Based Eating" if you'd like to be notified of upcoming events and activities.

Play Poker-Tournament

Cards and Games

When: 1:00 pm – 4:00 pm Friday

6:00 pm – 9:30 pm , Sunday, Monday, Tuesday, Wednesday, Thursday, Saturday

Where: Billiards Room

Oct 1, 2024 - Apr 15, 2025

Contact: Tom Guyette; 503-407-1662, tomguyette88@gmail.com

We play a poker tournament every day. See our bulletin board in the Billiard Room for a complete schedule. Come in and lose your shirt!

Pollinator Garden “Field of Dreams”

Special Interest and Activities

The Pollinator Garden, located across from the Quads, was brought about by someone's dream of planting milkweed for the Monarch butterflies. Through generous donations of money and time from RCW residents, as well as George O'Leary (for the space, fence, water, electricity), that dream became even bigger. The garden is designed for ALL residents to simply enjoy the peaceful setting or to get in some “dirt therapy” by pulling weeds, etc. Every spring there is a work session for cleaning out, trimming, and overall sprucing up the garden after its winter dormancy. Keep an eye out on the Friends of Rincon Facebook page for the spring work session. FMI: Kathy Hutson, B44, 765-808-1693

Recipe Book Club

Special Interests and Activities

When: 11:00am – 1:00pm, Tuesday (exception to be announced)

Jan 24,2025 – April 12,2025

Where: Rally Room

Contact: Suzie Thompson, 253-298-5987 RCWrecipe@gmail.com

After publishing a cookbook with recipes from our RCW community we realized we were having too much fun to stop. We organize several events throughout the year that showcase our love of cooking and eating! From hosting guest chefs to spaghetti feeds we always have something cooking!

Red Hats

Special Interests and Activities

Contact: Jan Johnson, 320-250-7321

Anyone interested in joining Red Hats, please contact Jan

Rincon Mountain Dulcimer Players

Performing Arts

When: 4:00 pm - 6:00 pm, Monday

Where: Exercise Studio

Dec. 16, 2024 – Mar. 24, 2025

Contact: Michele Zett, H570, 507-202-9825, michelezett@gmail.com

Diane Larrabee, Q1064, 916-205-4850, delbikeskp@gmail.com

The Rincon Mountain Dulcimer Players invite players of all skill levels to join us to play and learn. The goal of the group is for each person to improve their skills and to have the tools to continue to develop as a Mountain Dulcimer Player.

Rincon Technology Club

Special Interests and Activities

When: 7:00 pm - 8:15 pm, Wednesday

Where: Classroom 2

Jan 8, 2025 – Mar 28, 2025

Contact: Chuck Dorsey, Facilitator, 719-293-5338 chuckdorsey1188@gmail.com

No Membership, No dues, Just help and info with Tech stuff

Target Topics each night, then open questions.

Shuffleboard

Sports

Shuffleboard has Open Play at 10:00 AM to 12:00 PM every Monday & Thursday starting January 9th.

Arrive at 9:45 AM to receive your court assignment

Location: Shuffleboard Courts

Contact: Jackie Kirkpatrick, 817-312-6251, jm.kirkpatrick45@att.net

Square Dance

Dance

Where: Auditorium

Nov 13, 2024 - Apr 1, 2025

Contact: Cinda Asp, 815-262-4911, cinda.asp@gmail.com

Bob Asp, Square Dance Caller, 815-262-9080, www.bobasp.com

9:30 am - 11:30 am, Tuesday – Advanced, dance and workshop

Starts Nov 12

6:30 pm – 8:30 pm, Wednesday - Square Dance, mainstream, plus & rounds

Starts Nov6

Stained Glass

Arts and Crafts

When: 9:00 am - 5:00 pm, Mon-Fri

Where: Multipurpose Room

Nov 1, 2024 - Apr 30, 2025

Contact: Dave Pogrant, 920-402-0135, dpogrant@gmail.com; Joan Pogrant, 920-402-0137,

jpogrant@charter.net

Lessons will be available in December, January and February. Kits are available for purchase and all the tools necessary for your use.

Stretch & Flex

Exercise

When: 7:15 am - 7:45 am, Monday, Tuesday, Wednesday, Thursday, Friday

Where: Auditorium

Oct 15, 2024 - Apr 15, 2025

Contact: Gary & Jan Johnson, 741, 320-249-0393

Early morning exercise. No Fee. Just Bring towel or mat. Have Fun meeting new morning people.

Sun Birds

Special Interests and Activities

When: 8:30 am – 10:30 am , Wednesday

Where: Rec Hall

Apr 19, 2024 - Oct 11, 2024

Contact: Pam Anderson, 218-348-4777

If you're here during the off season (April to October), you can join the Sun Birds. We have Wednesday morning coffee; bring a dish to share. We also have potlucks, celebrate holidays, and visit local restaurants.

Swedish Weaving

Arts and Crafts

When: 1:00 pm - 3:00 pm, 2nd and 4th Thursday of the month

Where: Arts & Crafts Room

Jan 9, 2025 - Mar 27, 2025

Contact: Karen Kelley, 402-895-4049

No Dues or Fees

Swedish Weaving, aka Huck Weaving or Huck Embroidery is a type of embroidery that combines surface embroidery with weaving. Anything as small as a Christmas ornament or as large as an afghan can be made with this technique. We have many patterns to choose from and all the supplies to get you started. Please join us if you enjoy doing Swedish weaving or if you would like to learn. No Dues or Fees.

Swimming Pool

Exercise

When: Schedule is posted on Pool Gate and Pool Shower areas.

Where: Swimming Pool

Contact: The volunteers in charge of the Pool activities will determine if weather conditions warrant canceling a session. Please respect their recommendations.

Ted Talk

Special Interests and Activities

When: 1:00 pm – 2:20 pm , Tuesday

Where: Rec Hall

Dec 17, 2024 – Apr 15, 2025

Contact: Kathy & ThomGottberg at 760-774-0080 kathygottberg.com Kathy Gottberg

Do you wish you could talk about some of the interesting and meaningful ideas that some of those videos contain with other people? Then join this moderated discussion group where we first watch a video together (1pm sharp please) and then discuss for about an hour. No prep necessary. Just show up with an open mind. We look forward to seeing you the 3rd Tuesday of the month in the Rec Hall (1pm to 2:20pm.)

Tennis

Sports

When: 10:00 am - 12:00 pm, Tuesday, Saturday

Where: Tennis Court

Contact: John Shields, 801-466-6475, johnclimbsalot@yahoo.com

Tennis Anyone?...Yes!

Come join us for organized and open tennis play every Tuesday and Saturday from 10:00 until noon at the courts. Great fun, exercise and competition for all levels - tennis balls provided

Texas 42

Cards and Games

Where: Card Room 1 (All Games)

When: 9:30 am – 12:30 pm Monday, Wednesday, Thursday

Apr 29, 2024 – Nov 1, 2024

Contact: Joyce Day 972-740-0660 Texas 42 Dominoes

When: 9:00 am – 12:30 pm Monday, Wednesday, Friday

Nov1, 2024 – May 1, 2025

Contact: Jack Kirkpatrick, 817-996-6901

When: 6:30 pm - 9:00 pm, Sunday, Monday

Nov1, 2024 – May 1, 2025

Contact: Don Wilson, 806-678-5512

Theater Group

Performing Arts

When: 12:30 pm - , Thursday's

Where: Auditorium

Oct 19, 2024 – Mar 21, 2025

Contact: Bonnie Wheeler, 607-239-9727, bonniew345@yahoo.com

John Letton, Lot 387, 607-759-6708, johngletton@gmail.com

The Theatre Group is focused on the sheer enjoyment of live performance. We have incredible fun performing both Readers skits (performing while reading the script) or longer memorized plays. Everyone, actors and those helping behind the set, experienced or not are welcome! Join us for hours of fun!

TIC

Cards and Games

Where: Card Room 2

When: 1:00pm – 4:00 pm Thursday

Apr 29, 2024 – Nov 1, 2024

Contact: Linda Bartels, 715-450-5051

A game that is easy to learn with both luck and strategy determining the winner.

Ukelele Strummers

Performing Arts

When: 10:00 am - 12:00 pm,

TUESDAY: Classroom 1-Intermediate Level-

Nov 5, 2024 - April 8, 2025

THURSDAY: Classroom 1-Beginner Level-

Dec 5, 2024 - April 10, 2025

SATURDAY: Rally Room - Whole Group-

Nov 2, 2024 - April 12, 2025

Contacts: Jeanne McDowell, 920-251-1035, J_Mcdowell77@yahoo.com;

Linda Metzger, 651-968-6316, metzg019@comcast.net

Fred Bryant, 1048, 616-240-3724, fbryant319@gmail.com

We meet during three different weekly sessions. Bring your instrument and join our group.

We'll learn chords, practice our music skills and have fun as we play together in a group.

Music is selected from The Daily Ukulele songbooks as well as from music chosen by the group.

Video Club

When: 10:00 am - 12:00 pm, Monday

Where: Classroom 2

Contact: Jim Wenzell 262-227-3997 jim@pctr-it.com

Our club is for all levels. Sessions involve video editing, using computer programs, making DVDs using both video and photos, adding music and voice over. We also film some park events.

Special Interests and Activities

Nov 5, 2024 – April 14, 2025

Villageaires Mixed Chorus

When: 9:00 am – 11:30 am, Tuesday

Where: Rec Hall

Contact: Nancy Helm, 410-925-3418

Lynn Morrison, 587-9900-7080

Villageaires rehearsals 9am - 11:30am Rec Hall. Come sing with us!

Performing Arts

Nov 5, 2024 - Dec 19, 2024

Jan 7, 2025- Mar 19, 2025

Water Aerobics

When: Schedule is posted on Pool Gate and Pool Shower areas.

Where: Swimming Pool

Contact: Those in charge of the session will determine if weather conditions warrant canceling a session. Please respect their recommendations.

Exercise

Water Volleyball

When: 3:30 pm – 4:30 pm Monday & Thursday .

Where: Swimming Pool

Contact: Charles Wilson 360-509-8803 wilson1@hotmail.com; 768

Make a splash at Water Volleyball. Get a great workout while you play! All are welcome.

Exercise

Watercolor Club

When: 1:00 pm - 4:00 pm, Monday, Friday (Arts & Crafts Room)

Where: Arts & Crafts Room

Contact: Deana Reynolds, 360-739-1485, deanah2@comcast.net

Linda Pinney, 317-881-8474, lindashaw1275@aol.com

Join the Watercolor Club to paint with a fun and knowledgeable group, willing to share their expertise with anyone interested. No need to call first, just walk in the door, we will be happy to see you! Our Facebook Group: RCW Watercolor Club

Arts and Crafts

Nov 2, 2024 - May 4, 2025

Wine Tasting

When: 4:00 pm - 6:00 pm, 2nd & 4th Sunday of the month

Where: Rec Hall

Contact: Jan Hedgpeth, 1082, 520-741-9565, lewnjan@aol.com

Come join us for some great wine tasting! You are asked to bring one bottle of wine for two people, two glasses apiece, and some tasty snacks to share with the people at your table. Check the Bulletin Board to see which wine to bring for a certain week. There is a suggested state, province, or country for each meeting.

Special Interests and Activities

Oct 27, 2024 - Apr 13, 2025

Woodcarvers Club

When: 12:30 pm – 3:30 pm, Monday, Thursday

Where: Rec Hall

Contact: Tim Heidlbaugh, 406-241-0232, bigwatermt@yahoo.com

Alan Hayes, 1137, 936-635-0725, arhayes999@gmail.com

We have a beginner's table and offer plenty of help from seasoned carvers and lots of cutouts at a minimal cost to get new carvers started on a great project. Come and join the fun and find the carver inside you.

Special Interests and Activities

Nov 4, 2024 - Apr 17, 2025

\$20/new members; \$10/renewal

Woodshop

Special Interests and Activities

When: 8:00 am - 4:00 pm, Monday - Saturday
1:00 pm - 4:00 pm, Sunday

Where: Woodshop

Contact: Bob Asp, 815-262-9080, sgbobasp@aol.com

Closed for lunch 12:00 pm - 1:00 pm. Closed after 4:00 pm: no evening shift for monitors.

Will need to sign a waiver. A Monitor must be present.

Yin Yoga

Exercise

When: 10:30 am - 11:30 am, Friday

Where: Rally Room

Oct 24, 2024 - Apr 25, 2025

\$5/session

Contact: Stephanie Eissinger, D210, 406-939-5573, sagebrushccs@yahoo.com

Yin Yoga aims to increase joint mobility using simple sequences. It's a great compliment to more active styles of yoga that focus on strength/flexibility. The use of props is highly encouraged. This class consists of a series of long-held, passive floor poses that mainly work the lower body and a short breath and/or meditative practice.

Yoga

Exercise

When: 8:30 am - 9:30 am, Monday & Wednesday

Where: Auditorium

Dec 4, 2024 - Apr 15, 2025

Donations Accepted

Contact: Jeri Wilson, J355, 207-692-4191, jeriwilson723@gmail.com

This accessible multi-level class is well suited for the fit beginner to advanced practitioner. It aims to be very doable & also to challenge you to your capacity. It is ideal for anyone who wants to get stronger and more flexible. You do not need to be flexible to attend but you'll need to be able to get up and down from the floor with ease.

Aqua Zumba *Weather Dependent

Exercise

When: 12:00 pm - 1:00 pm, Tuesday

Where: Pool

Jan 7, 2025 - Mar 14, 2025

\$6/session

Contact: Estella, 520-907-6633

Have fun and get a great workout! Enjoy Latin music and Zumba moves that are designed for the water.

Zumba Gold

Exercise

When: 10:30 am - 11:30 am, Tuesday

Where: Exercise Studio

Jan 7, 2025 - Mar 25, 2025

\$6/session

Contact: Estella, 520-907-6633

Fitness Zumba is a dynamic low-impact, fun and effective cardio workout! It is a great way to get into shape AND have fun, all at the same time!

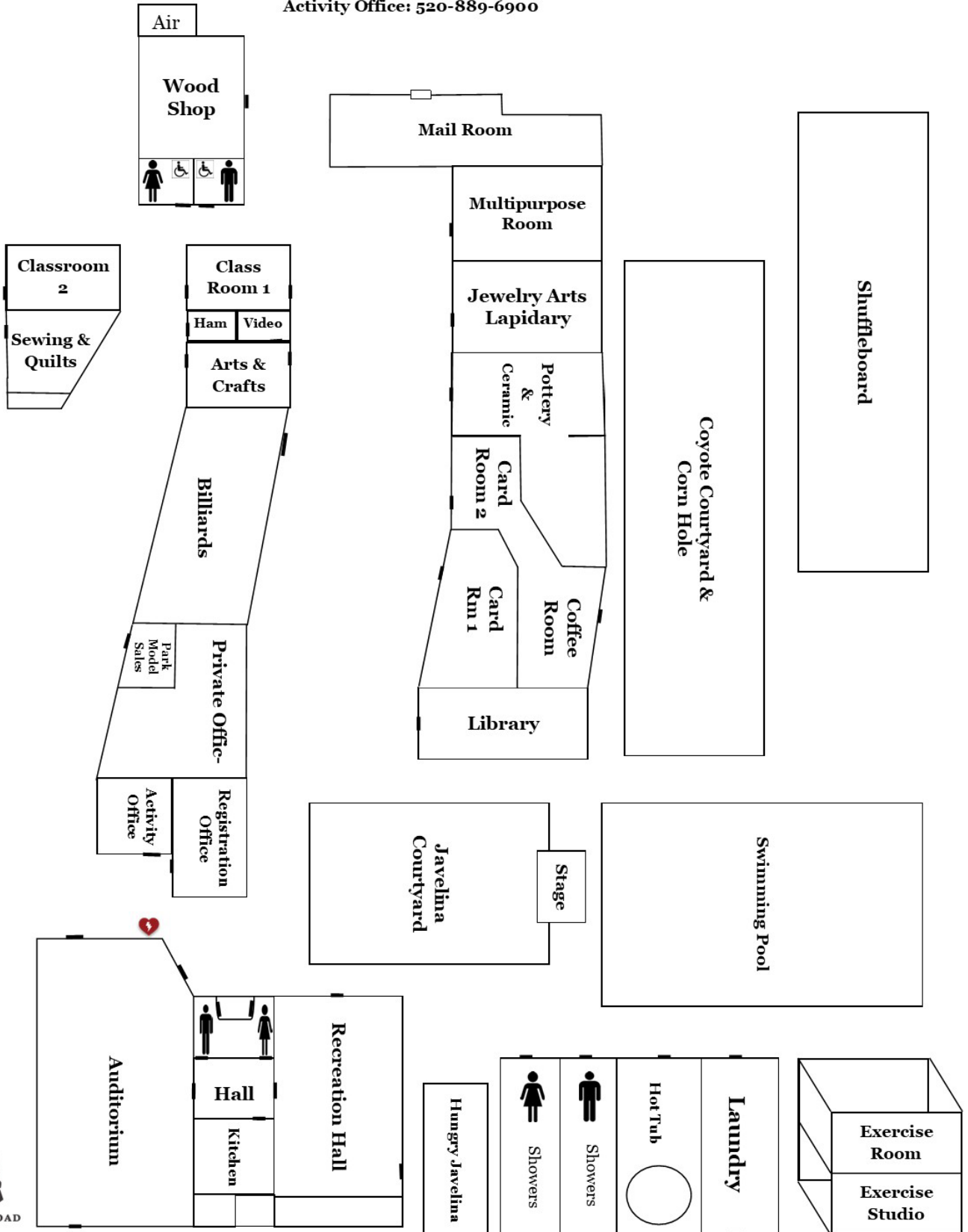
It is a workout experience like no other that provides an effective, easy-to-follow, and Latin-inspired dance fitness party. NO dance experience is needed, so come join us for the fun of it!



Rincon Country West RV Resort
 4555 S. Mission Rd.
 Tucson, AZ 85746
 Business Office: 520-294-5608
 Activity Office: 520-889-6900



Emergency AED



* T-Street – Rally Room and Massage Room



**RINCON COUNTRY
WEST**
RV RESORT

ACTIVITY OFFICE HOURS

520-889-6900

October 15 - April 15

Monday - Friday

9:00 AM - NOON

Closed for Lunch

1:00 PM - 4:00 PM



FOOD TRAILER

Open: Monday - Friday

11:00am - 1:30pm

Menu on **campers** 